

## **Regarding the Rise in Autism**

**May 26, 2006 ~ Telluride Daily Planet**

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There is a matter relating to childcare that I believe is very important. My intention is only to bring a point of view to the attention of any reader for consideration. It is a topic that cries for further education.

I have just returned from another seminar with an in depth discussion about the rise in Autism. While you might not think Autism relates to you, it is important that we get into a community dialogue about this important health concern. It is affecting our future generations.

Autism is an insidious disease, one that just does not have to be in existence to the rising degree that it now is. Long thought to be a psychological illness, Autism today is increasingly shown to be a neurological disorder due to biological, not psychological causes.

The characteristics of Autism present themselves in varying degrees of impairment in social interaction and communication. Often there are repetitive behaviors and activities as if obsessed with an object or a thought. There are varying degrees and expressions of Autism. It ranges from the savant like genius as portrayed in the movie "The Rain Man" to an absently rocking back and forth to an inability to form peer relationships.

The common theme is that those with Autism act as if in a bubble. Contrary to popular belief, those afflicted are often very bright and are actually taking in a great deal of information. Their challenge is in communicating outwardly.

We now have over 500,000 people in the United States with Autism. The Autism Research Institute rates the incidence as now occurring in one out of every 160-200 people, up from the one in every 2,500 in the 1980's. Many health professionals are stating that we are now in an autism epidemic. California alone has noted a 1000% increase in Autism in the years of 1990-2000.

Some of the factors and statistics to consider in considering what underlies the rise in Autism are:

### Vaccinations

The number of vaccines that our children now receive before the age of two has gone up from eight in 1980 to 22 in 2001. Coincidentally, the incidence of Autism has increased in all countries that follow the World Health Organization's vaccination guidelines. Vaccinations, which usually inject a viral component directly into blood stream, bypass the natural immunity development during a child's first seven years.

Unlike we are told, childhood vaccinations are not mandatory. People are often misled into believing they are bad parents or will be reported for child abuse if they do not vaccinate their children. Some of the healthiest children are those who have not had any vaccinations at all. Their parents instead tended to their children's immune system through breastfeeding, healthy eating habits and allowing the immune system its natural progression of learning.

### Pitocin

The drug Pitocin, which speeds up contractions in the birthing process, has implications in Autism. One doctor's clinical analysis revealed that in 60% of his autistic patient's births involved Pitocin. A mother's uterine pushing and the baby's ride through the birth canal is critical to the proper formation of the baby's skull. Hurrying the delivery along can force an inappropriate pressure to the very soft skull of the infant.

### Toxicity

Toxicity is of also of concern. Body tissues currently are found to be harboring over 250 chemicals. Not only are infants being born out of this with existing toxicities, but the very vaccines that they are given are adding to their toxic load. A common trait of Autistic kids is a very high level of mercury in their tissues. One correlation in this rise is considered to be the mercury used as preservatives in vaccines.

Once thought to be incurable, health care practitioners that understand the underlying causes to Autism are having success in returning many of these children to health. When tissues are gently detoxified, cranial adjustments made and the immune system restored to health through proper nutrition, the child's natural physiological function often returns. They are able to climb out of their bubble. What a blessing to behold for both the parents and the children. It would be a great documentary film. (hint to the filmmakers here in town)

The time to think about Autism is prior to conception. Proper prenatal care, addressing the health of the Mom, is paramount to a healthy child. Learn about the natural course of the developing immune system of your child, how to maximize its health and trust its process.

Autism is a huge and emotional topic. I have just brushed the surface. You owe it to educate yourself so that you might make wise choices on your children's behalf. An excellent place to start is "What Your Doctor May Not Tell You About Children's Vaccinations" by Stephanie Cave, MD. Also read Dr. Sherri Tenpenny's revelations at the New Medical Awareness website [nmaseminars.com](http://nmaseminars.com). Both contain well-researched and documented work written in language that is easy to understand.

May we, as concerned citizens, climb out of our own bubble regarding Autism.